

FOREST CREST TENNIS CLUB JUNIOR LADDER OF SUCCESS

JUNIORS 14 & UNDER - SEPTEMBER 2006

C-10 HIGH PERFORMANCE

Requirement: Passed Skills Test #4. Interview session required and willing to practice 5 to 6 days a week year round. Min of five (5) Challenger Tournaments played in PNW Jr. Circuit Play within one (1) year. Age: Min. of 13 yrs old Ability: Intermediates to Advanced. Class Emphasis: Perfecting all basic and specialty shots along with advanced singles and doubles tactics and strategies. Future Goals: High-ranking in the PNW and play college tennis after high school competition.

Pass SSV C-10 Level & Skills Test #4

C-9 FUTURE HIGH PERFORMANCE

Requirement: Passed Skills Test #3. Played in five (5) sanctioned PNW Tournaments within last calendar year. Age: 14 & under (9th Grade & Below) Ability: Intermediate to Advanced. Class Emphasis: Emphasis on perfecting all basic strokes and introduction to specialty shots. Advanced singles and doubles tactics are introduced. Future Goals: Passing Skills Test 4 and moving to C-10 or C-8A.

Pass SSV C-9 Level & Skills Test #3

Pass SSV C-9 Level & Skills Test #3

C-6 FUTURE ELITE CHAMPS

Requirement: Passed Skills Test #2. At least 1 year of tennis instruction. Age: 10 & under. Ability: Advanced Beginners to Low Intermediates. Class Emphasis: Same as C-7 but for the younger juniors. Future Goal: Playing PNW Division Rookie and Challenger Tournaments, placement into C-9.

C-7 ELITE CHAMPS

Requirement: Passed Skills Test #2. Age: 14 & under Ability: Low Intermediates. Class Emphasis: Developing basic strokes and introduction to various spins for shot selection. Basic singles & doubles strategy is covered involving positioning, movement, shot selection. Future Goals: Play sanctioned tournaments, move up to C-9

Pass SSV C-6 Level & Skills Test #2

Pass SSV C-7 Level & Skills Test #2

C-3A LITTLE CHAMPS - Baseliners

Requirement: Passed Skills Test #1. Age: 10 & under. Ability: Advanced Beginners. Class Emphasis: Same as C-4A but geared for the younger ones. Future Goal: Placement in C-6.

Lateral
Age Move

C-4A ADVANCED FUTURE CHAMPS

Requirement: Passed Skills Test #1. Age: 11 to 14 yrs old. Ability: Advanced Beginners Class Emphasis: Basic strokes, scoring, rules and court etiquette. Future Goal: Playing PNW Division Rookie Tournaments, placement into C-7 or C-5A.

Pass Skills Test #1

Pass SSV C-4A Level & Skills Test #1

C-3B LITTLE CHAMPS- Service-Liners

Requirement: None. Age: 10 & under. Ability: Beginners. Class Emphasis: Same as C-4B but geared for the younger ones. More games with fun in mind. Future Goal: moving into C-6 or C-4.

Lateral
Age Move

C-4B FUTURE CHAMPS

Requirement: None. Age: 11 to 14. Ability: Beginners Class Emphasis: Basic strokes, scoring, rules, and court etiquette. Future Goal: Placement into C-4A.

Pass Skills
Test #1

C-2 FUTURE LITTLE CHAMPS

Requirement: None Age: 6 & 7. Ability: Beginners. Class Emphasis: Same as C-3B with even more age-appropriate games and a bunch of fun in mind.

C-1 TINY CHAMPS

Requirement: None. Age: 4 & 5. Ability: Beginners. Class Emphasis: Is on hand-eye coordination drills, getting familiar with the court with fun and games, and more fun!

NOTE: There will be exceptions on ages at each level. If your junior is strong and mature enough for an older level, they might be moved up. Pros will make this decision. On average, you should expect your junior to be at each level for about one (1) year if they play on a regular basis (i.e. 2 or 3 times per week). For example, starting at C-4 would take 3 yo 5 years to reach C-10.