

FOREST CREST

July-August 2010 Calendar of Events

(updated 7/9/10)

Sat, July 10, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, July 10, 10:30-11:30am, Drop-in Skills & Drills, Beginners – Adv. Beginners (NTRP 2.5 – 3.0), ages 11 & older

Sat, July 10, 11:30am-12:30pm, Saturday Drop-in Skills & Drills, Intermediates (NTRP 3.0 – 3.5), ages 11 & older

Sat, July 10, 12:30-1:30pm, Drop-in Skills & Drills, True Beginners (NTRP 2.5 and below), ages 11 & older

Sun, July 11, 7:30-9am, Cardio Tennis (all levels ages 14 & older)

Sun, July 11, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, July 17, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, July 17, 10:30-11:30am, Drop-in Skills & Drills, Beginners – Adv. Beginners (NTRP 2.5 – 3.0), ages 11 & older

Sat, July 17, 11:30am-12:30pm, Saturday Drop-in Skills & Drills, Intermediates (NTRP 3.0 – 3.5), ages 11 & older

Sat, July 17, 12:30-1:30pm, Drop-in Skills & Drills, True Beginners (NTRP 2.5 and below), ages 11 & older

Sun, July 18, 7:30-9am, Cardio Tennis (all levels ages 14 & older)

Sun, July 18, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, July 24, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, July 24, 10:30-11:30am, Drop-in Skills & Drills, Beginners – Adv. Beginners (NTRP 2.5 – 3.0), ages 11 & older

Sat, July 24, 11:30am-12:30pm, Saturday Drop-in Skills & Drills, Intermediates (NTRP 3.0 – 3.5), ages 11 & older

Sat, July 24, 12:30-1:30pm, Drop-in Skills & Drills, True Beginners (NTRP 2.5 and below), ages 11 & older

Sun, July 25, 7:30-9am, Cardio Tennis (all levels ages 14 & older)

Sun, July 25, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, July 31, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, July 31, 10:30-11:30am, Drop-in Skills & Drills, Beginners – Adv. Beginners (NTRP 2.5 – 3.0), ages 11 & older

Sat, July 24, 11:30am-12:30pm, Saturday Drop-in Skills & Drills, Intermediates (NTRP 3.0 – 3.5), ages 11 & older

Sat, July 31, 12:30-1:30pm, Drop-in Skills & Drills, True Beginners (NTRP 2.5 and below), ages 11 & older

Sun, August 1, 7:30-9am, Cardio Tennis (all levels ages 14 & older)
Sun, August 1, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, August 7, 9-10:30am, Cardio Tennis (all levels ages 14 & older)
Sat, August 7, 10:30-11:30am, Drop-in Skills & Drills, Beginners – Adv. Beginners (NTRP 2.5 – 3.0), ages 11 & older
Sat, August 7, 11:30am-12:30pm, Saturday Drop-in Skills & Drills, Intermediates (NTRP 3.0 – 3.5), ages 11 & older
Sat, August 7, 12:30-1:30pm, Drop-in Skills & Drills, True Beginners (NTRP 2.5 and below), ages 11 & older

Sun, August 8, 7:30-9am, Cardio Tennis (all levels ages 14 & older)
Sun, August 8, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, August 14, 9-10:30am, Cardio Tennis (all levels ages 14 & older)
Sat, August 14, 10:30-11:30am, Drop-in Skills & Drills, Beginners – Adv. Beginners (NTRP 2.5 – 3.0), ages 11 & older
Sat, August 14, 11:30am-12:30pm, Saturday Drop-in Skills & Drills, Intermediates (NTRP 3.0 – 3.5), ages 11 & older
Sat, August 14, 12:30-1:30pm, Drop-in Skills & Drills, True Beginners (NTRP 2.5 and below), ages 11 & older

Sun, August 15, 7:30-9am, Cardio Tennis (all levels ages 14 & older)
Sun, August 15, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, August 21, 9-10:30am, Cardio Tennis (all levels ages 14 & older)
Sat, August 21, 10:30-11:30am, Drop-in Skills & Drills, Beginners – Adv. Beginners (NTRP 2.5 – 3.0), ages 11 & older
Sat, August 21, 11:30am-12:30pm, Saturday Drop-in Skills & Drills, Intermediates (NTRP 3.0 – 3.5), ages 11 & older
Sat, August 21, 12:30-1:30pm, Drop-in Skills & Drills, True Beginners (NTRP 2.5 and below), ages 11 & older

Sun, August 22, 7:30-9am, Cardio Tennis (all levels ages 14 & older)
Sun, August 22, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Sat, August 28, 9-10:30am, Cardio Tennis (all levels ages 14 & older)
Sat, August 28, 10:30-11:30am, Drop-in Skills & Drills, Beginners – Adv. Beginners (NTRP 2.5 – 3.0), ages 11 & older
Sat, August 28, 11:30am-12:30pm, Saturday Drop-in Skills & Drills, Intermediates (NTRP 3.0 – 3.5), ages 11 & older
Sat, August 28, 12:30-1:30pm, Drop-in Skills & Drills, True Beginners (NTRP 2.5 and below), ages 11 & older

Sun, August 29, 7:30-9am, Cardio Tennis (all levels ages 14 & older)
Sun, August 29, 9-10:30am, Cardio Tennis (all levels ages 14 & older)

Andy Paige teaches Summer Saturday Skills & Drills, Chris Samuel teaches all Cardio Tennis classes – Sat, 4:30-6pm & Sun, 7:30-9am & 9-10:30am.

NOTE: Instructors, dates, and times subject to change. Programs also have a minimum # of players required to hold a class. Some programs will allow non-members. Please contact the club or the instructor for information and updates.