

# FOREST CREST TENNIS CLUB JUNIOR LADDER OF SUCCESS

## JUNIORS 9th thru 12th GRADE - SEPTEMBER 2006

### C-10 HIGH PERFORMANCE

Requirement: Passed Skills Test #4. Interview session required and willing to practice 5 to 6 days a week year round. Min of five (5) Challenger Tournaments played in PNW Jr. Circuit Play within one (1) year. Age: Min. of 13 yrs old Ability: Intermediates to Advanced. Class Emphasis: Perfecting all basic and specialty shots along with advanced singles and doubles tactics and strategies. Future Goals: High-ranking in the PNW and play college tennis after high school competition.

Pass SSV C-10 Level  
& Skills Test #4

Pass SSV  
C-10 Level

### C-8A ELITE VARSITY

Requirement: Passed Skills Test #4. H.S Varsity player on H.S. Varsity Teams. Age: 14 to 18 yrs old. Ability: Intermediates to Advanced. Class Emphasis: Perfecting basic strokes, intro to spins and specialty shots, working on strategy and court positioning for doubles and singles. Future Goals: Placement in C-10 or State H.S. Division Play-offs.

Pass SSV C-8A Level & Skills Test #4

### C-9 FUTURE HIGH PERFORMANCE

Requirement: Passed Skills Test #3. Played in five (5) sanctioned PNW Tournaments within last calendar year. Age: 14 & under (9th Grade & Below) Ability: Intermediate to Advanced. Class Emphasis: Emphasis on perfecting all basic strokes and introduction to specialty shots. Advanced singles and doubles tactics are introduced. Future Goals: Passing Skills Test 4 and moving to C-10 or C-8A.

Lateral  
Age Move

### C-8B VARSITY

Requirement: Passed Skills Test #3. H.S Varsity player on H.S. Varsity Teams. Age: 14 to 18 yrs old. Ability: Low Intermediates to Intermediates. Class Emphasis: Improving basic strokes with introduction into shot selection and spins used for special tactics and strategies in singles and doubles. Future Goals: Top level H.S. Varsity Player and compete at H.S. District and State Playoffs. Passing Skills Test #4.

Pass SSV C-9 Level &  
Skills Test #3

Pass SSV C-8B Level  
& Skills Test #3

### C-5A ELITE JR. VARSITY

Requirement: Passed Skills Test #2. Age: 9th Grade and above (14 to 18 yrs old). Ability: Advanced Beginner to Low Intermediate. Class Emphasis: Perfecting basic strokes and introductions to spins and shot selections used during singles and doubles play. Double positions and functions of each are covered. Future Goal: Playing H.S. Varsity, placement in C-8B.

OUTSIDE CHANCE

Pass SSV C-5A Level & Skills Test #2

Pass SSV C-5A Level & Skills Test #2

### C-4A ADVANCED FUTURE CHAMPS

Requirement: Passed Skills Test #1. Age: 11 to 14 yrs old. Ability: Advanced Beginners Class Emphasis: Basic strokes, scoring, rules and court etiquette. Future Goal: Playing PNW Division Rookie Tournaments, placement into C-7 or C-5A.

Lateral  
Age Move

### C-5B JUNIOR VARSITY

Requirement: None. Age: 9th Grade and above (14 to 18 yrs old). Ability: Beginner to Advanced Beginners. Class Emphasis: Learning all basic strokes and footwork required to execute basic shots. Students will learn rules and court etiquette in this class. Future Goal: Playing H.S. J.V. matches and placement into C-5A.

Pass SSV C-4A Level & Skills Test #1

### C-4B FUTURE CHAMPS

Requirement: None. Age: 11 to 14. Ability: Beginners Class Emphasis: Basic strokes, scoring, rules, and court etiquette. Future Goal: Placement into C-4A.

**NOTE:** There will be exceptions on ages at each level. If your junior is strong and mature enough for an older level, they might be moved up. Pros will make this decision. On average, you should expect your junior to be at each level for about one (1) year if they play on a regular basis (i.e. 2 or 3 times per week). For example, starting at C-4 would take 3 to 5 years to reach C-10.