



2010 FOREST CREST SUMMER TENNIS CAMPS

“Building a Solid Foundation”

Quality Professional Instruction
Low Student to Instructor Ratio 4:1
Indoor Courts for Rain Days
July 5 - August 26, 2010



4901 238th St SW,
Mountlake Terrace, WA
www.forestcrest.com
425-774-0014
forestcrest@gmail.com

SCHEDULE & RATES

Classes Run Daily, Mon-Thurs, 10:30am-4pm

WEEK	CLASS (limit of 8 students per class)
#1, July 5-8	True Beginners to Advanced Beginners, Ages 11-14
#2, July 12-15	High School Junior Varsity, 9 th Grade & Higher
#3, July 19-22	Low Intermediates to Advanced, Ages 11-14
#4, July 26-29	True Beginners to Advanced Beginners, Ages 11-14
#5, Aug 2-5	High School Junior Varsity, 9 th Grade & Higher
#6, Aug 9-12	Low Intermediates to Advanced, Ages 11-14
#7, Aug 16-19	High School Varsity, 9 th Grade & Higher
#8, Aug 23-26	True Beginners to Advanced Beginners, Ages 11-14

Daily Schedule:

10:30am-1:30pm	Technique Building, Drills, Pattern Practice
1:30pm-2:00pm	Lunch Break (Tennis DVD Viewing)
2:00pm-4:00pm	Strategy, Tactics, Match Play, Footwork, & Conditioning

Cost:

*One Star - \$340; **Two Stars - \$300; ***Three Stars - \$240

****Four Stars - \$160; *****Five Stars - \$100

Please see Forest Crest website for “Star” Student Rating System.

10% Discount for Early Registration before June 1, 2010

***FREE Tennis Racquet or Camp T-shirt!:**

To encourage all beginners to practice and play, students will receive a free tennis racquet. Intermediate players will receive a complimentary T-Shirt. **Early registration required (by June 1, 2010).**

FREE! Junior Open Hitting & Practice

Drop-in program with supervised practice and match play. Open to registered camp participants only during Summer Season.

Mon & Wed: 4:30-6pm, Ages 11-14

Tues & Thurs: 4:30-6pm, High school, 9th grade & higher

GENERAL INFORMATION

Forest Crest Athletic Club runs a successful high-quality junior program. Our goal is to provide your player with a solid foundation of skills and technique to improve future performance. All lead instructors are certified professionals who will make the camp fun, challenging and interesting. Students should dress comfortably and bring water, snacks, and lunch. More info at: www.forestcrest.com.

2010 CAMP REGISTRATION FORM

(Please use one form per camp per student)

Student's Name (first, last):			Camp Week #:	T-shirt Size: YM, YL, AS, AM, AL, AXL
Age:	DOB:	Grade:	School:	
Parent's Name(s):				
Phone #s:	Hm:	Wk:	Alt/Cell:	
Address:			City:	Zip:
Email Address:				

- Buddy Registration (New Students Only): Register with a friend and each will receive a 25% Discount.
- Any registration received **by Tues, 6/1/10** will receive a 10% discount. Families sending a student to camp for a 2nd week will receive a 25% discount off the 2nd class.
- No refunds for missed days due to illness, vacations, etc.
- Cancellation Fee: \$25 if notice received 14 days before start of camp. 25% of registration amount if < 14 days.
- On-line registration at: www.active.com (add'l fee).
- Mail registrations (checks payable to Ted Sayrahder – Summer Camp) to: Forest Crest Athletic Club, ATTN: Summer Camp, PO Box 411, Mountlake Terrace WA 98043

*******AVOID A WAITING LIST - REGISTER EARLY!*******